

USE MULTIPLE FORMATIONS



CORE CONCEPT

There are so many formations available to you as a coach, from the I form to shotgun and everything in between, all with their own strengths and weaknesses.

Learning to get comfortable as both a coach and player with mixing formations as often as possible keeps the offense in the driver's seat and forces the defense to be the one making constant adjustments rather than the other way around.

WHY IT MATTERS

By mixing your formations you not only force the defense to be the one doing the reacting, but you may possibly even limit their playcalling ability.

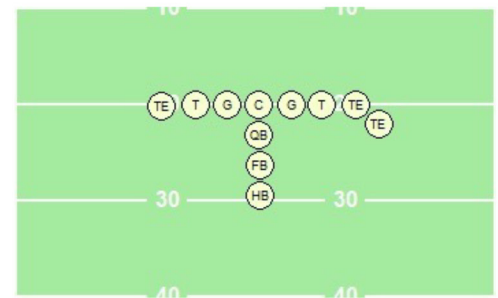
While they may feel comfortable running certain stunts, blitzes and coverages from their base defense and a couple other formations they see a fair bit, there are certain offensive formations that will create real problems for certain defensive playcalls and alignments, and may result in an opposing coach scrapping or severely limiting their use.

ON THE FIELD

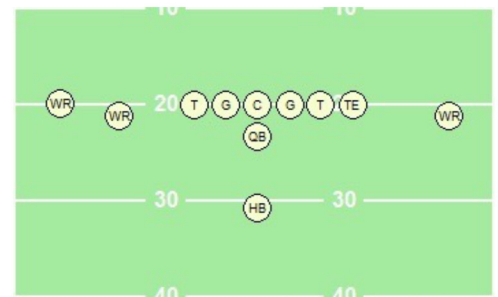
While we do want to switch up formations often, you should never switch formations just for the sake of doing it.

There are pros and cons to running each and every formation and variation thereof, and everytime you call a new formation, you should have a distinct reason for doing so - does it give you an advantage to run either a run or pass?

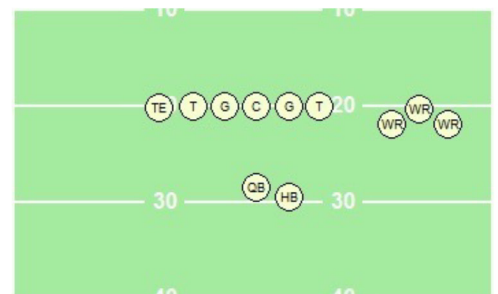
Does it make the defense react a way that you plan on taking advantage of? These are the questions you need to ask yourself each time you choose a new formation.



I Form Jumbo



Singleback Dice Slot



Shotgun Bunch TE